



## DR. SHIVAKUMAR VARAKANAHALLI

Consultant - Gastrointestinal Science

### Qualification

MBBS | MD | DM Gastroenterology (GB Pant Hospital, New Delhi )

### Overview

Dr. Shivakumar Varakanahalli is a renowned doctor and a Consultant in Gastrointestinal Science at the Manipal Hospital in the Whitefield area of Bangalore, Karnataka. He has done reputed medical degrees like MBBS, MD and DM in his field of expertise. He is fluent in speaking Hindi, Kannada, and English and uses this skill to deal with his patients with empathy. He came first in the north zone at the Torrent Young Scholar Awards held in 2013 in New Delhi. He won the Young Investigator Award at the International Liver Congress in Paris in 2018. He is an expert in therapeutic endoscopic procedures like colonoscopy, Upper GI endoscopy, ERCP, and enteroscopy. He has treated diseases like pancreatic disorders, dyspepsia, chronic diarrhoea, reflux disease, and inflammatory bowel disorders like ulcerative colitis and Crohn's. He received a grant for the conference of the Asian Pacific Association for the Study of the Liver held in Tokyo in 2016. He won a plenary oral session award at a conference of the Indian National Society for the Study of The Liver in 2017. He has done multiple poster presentations at international conferences. He did a poster presentation about Gastric varices in cirrhosis vs EHPVO at the Asian Pacific Association for the Study of the Liver conference in 2016 and about Ulcerative colitis in adolescents at the ISKCON 2016. Many doctors praised his poster presentations about 'Obscure CBD dilatation' and about 'the stratification of risk in portal hypertensive bleed using an AIM 65 scoring system' made at the ENDOCON 2017. Dr. Shivakumar is the best gastrointestinal specialist in Whitefield, Bangalore. His articles have been published in reputable journals like the Ravindra K Saran Journal of Cytology, Clinical and Experimental Hepatology, and Journal OF Clinical and Exp. Hepatology. He is skilled in treating functional bowel disorders like Dyspepsia, gastritis, IBS, and reflux disease and handling gastrointestinal emergencies like GI bleeds. He is an expert in clinical hepatology, i.e. the treatment of liver cancer, liver cirrhosis, alcoholic liver disease, viral hepatitis, and fatty liver. He did his MBBS from Mysore Medical College. He also has an MD in Internal Medicine from the Rajasthan University of Health Sciences. He did his DM in Gastroenterology at Delhi University. Before joining Manipal Hospitals, he worked for Narayana Multispeciality Hospital. He was trained at the G B Pant Institute of Post-Graduate Medical Education and Research in New Delhi. His specialisation is in therapeutic endoscopy, capsule endoscopy, and manometry. He is a member of the European Society for the Study of Liver and has attended many conferences organised by them, along with making contributions to their medical journals.

### Fellowship & Membership

- Member of European Society for the Study of Liver.

## Field of Expertise

- Diagnostic and therapeutic endoscopic procedures include Upper GI endoscopy, colonoscopy, enteroscopy, ERCP.
- Clinical hepatology (Viral hepatitis, liver cancer, alcoholic liver disease, fatty liver, cirrhosis and others).
- Pancreatic disorders (Acute and chronic pancreatitis, pancreatic tumors).
- Functional bowel disorders (IBS, Dyspepsia, reflux disease, gastritis).
- Chronic constipation, defecatory disorders, Chronic diarrhea.
- Inflammatory bowel disorders (Crohn's and ulcerative colitis).
- Gastrointestinal emergencies including GI bleeds.

## Languages Spoken

- English
- Hindi
- Kannada

## Awards & Achievements

- Grant by Liver Care Foundation at New Delhi for APASL 2016 in Tokyo.
- Plenary oral session award at INASL 2017.
- Young Investigator award on a research paper at the International Liver Congress 2018 in Paris.
- First position for North Zone in TYSA 2013 at New Delhi.

## Talks & Publications

- Gastric Varices in Cirrhosis vs. Extrahepatic Portal Venous Obstruction and Response to Endoscopic N-butyl-2-cyanoacrylate Injection. Barjesh C Sharma, Shivakumar Varakanahalli, Jatinder Pal Singh, Siddharth Journal Of Clinical and Exp. Hepatology. [22 Feb 2017, 7(2):97-101].
- Spontaneous Pseudocystocolonic Fistula: An Unusual Complication of Acute Pancreatitis. Dahale AS, Varakanahalli S, Jha L, Sud S, Kumar A, Sachdeva S, Puri AS. Am J Gastroenterol. 2016 Aug;111(8):1088.
- Over-the-scope-clip system for management of upper gastrointestinal defects: A pilot study Amol S Dahale, Siddharth Srivastava, Pritul D Saxena, B C Sharma, Shivakumar Varakanahalli. Indian J Gastroenterol (November 2015) 34 (Suppl 1):A104.
- Brunner's Gland Hamartoma - A Rare Cause of Upper GI Bleed: Report of Two Cases Emphasising Pathogenesis. Rakesh Kumar Gupta, Ravindra Kumar Saran, Shivakumar Varakanahalli and Amarinder Singh Puri. Annals of Pathology and Lab Medicine. 2016. Oct-Dec.
- Prevalence of microalbuminuria in patients with non-diabetic acute ischemic stroke Muralidhara N, Ravindra Rajanna, Shivakumar Varakanahalli, Vijay Kumar Goyal. Int J Res Med Sci. 2015; 3(4): 954-957.
- P-HPB-13: Spectrum of obscure common bile duct dilatation: Role of endoscopic ultrasonography. Amol Dahale, Siddharth Srivastava, Sanjeev Sachdeva, Shivakumar Varakanahalli, and Ajay Kumar. Endosc Ultrasound. 2017 Aug; 6(Suppl 1): S21.
- Usefulness of Aim 65 Scoring System in Predicting Rebleed and Prognosis Portal Hypertensive Bleed Patients With Underlying Cirrhosis. Amol S.Dahale, Ajay Kumar, SiddharthaSrivastava, ShivakumarVarakanahalli, SanjeevSachdeva, Amarender S.Puri; Journal of Clinical and Experimental Hepatology; Vol 7, Supplement 2, July 2017, Pages S65-S6.
- Endoscopic ultrasound-guided cytodiagnosis of adrenal histoplasmosis with reversible cd4 t-lymphocytopenia and jejunal lymphangiectasia Rakesh K Gupta1, Kaushik Majumdar1, Siddharth Srivastava2, Shivakumar Varakanahalli2, Ravindra K Saran Journal of Cytology; Volume: 35 | Issue: 2 | 2018 Page: 110-11.
- Oesophageal tuberculosis: Uncommon of common. Amol S Dahale, Ajay Kumar, Siddharth Srivastava, Shivakumar Varakanahalli, Sanjeev Sachdeva and Amarender S Puri JGH Open: An open-access journal of gastroenterology and hepatology (2018) 34:38.
- Secondary prophylaxis of hepatic encephalopathy in cirrhosis of the liver: A double-blind randomized controlled study of L-ornithine L-aspartate versus placebo. Shivakumar Varakanahalli, Barjesh C Sharma, Siddharth Srivastava, Sanjeev Sachdeva and Amol S Dahale European Journal of Gastroenterology and Hepatology.
- Plenary oral session award at INASL 2017 for oral presentation on paper on prophylaxis of hepatic

- encephalopathy.
- Oral paper presented at the International Liver Congress 2018 at Paris with Young Investigator award on research paper on secondary prophylaxis of HE, an RCT of LOLA vs placebo.
  - Poster presentation at APASL 2016 on Gastric varices in cirrhosis vs EHPVO.
  - Poster presentation at ISKCON 2016 on Ulcerative colitis in adolescents.
  - Poster presentations at ENDOCON 2017 on Obscure CBD dilatation and risk stratification in portal hypertensive bleed with AIM 65 scoring system.