



## DR. BALAJI LAXMINARAYANSHETTY

Consultant - Medical Gastroenterology

### Qualification

MBBS | MD (Internal Medicine) | DM (Gastroenterology)

### Overview

Dr. Balaji Laxminarayanshetty is an expert in Gastroenterology and Endoscopy and is considered one of the best doctors in Bangalore. He works as a Consultant in Medical Gastroenterology at Manipal Hospital, Whitefield, in Bangalore. Dr. Balaji has experience of 16+ years in this field. He is interested in intervention endoscopy, general gastroenterology, and the treatment of various liver diseases. He speaks many languages, like Kannada, Telugu, Hindi, Tamil, Malayalam, Punjabi, and English. Dr. Balaji has a life membership of the Indian Society Of Gastroenterology. He has experience in performing procedures like diagnostic and therapeutic endoscopy and colonoscopy. He also has a Senior Research Associateship at the Postgraduate Institute of Medical Education & Research in Chandigarh. He has trained in advanced endoscopy at the institute for 1 year. He is also a lifetime associated member of the Society of Gastrointestinal Endoscopy of India. He did his MD in General Medicine and his DM in gastroenterology at the same institute. He completed his MBBS from Sri Siddhartha Medical College & Research in 2007. He developed an interest in gastroenterology and worked on treating patients with liver diseases, acute and chronic pancreatitis, malignancy, and CBD stones. He got a travel grant to attend the Asia Pacific Digestive Disease Week conference in Seoul, South Korea, 2018 and presented his paper there. He was also a faculty at the 3rd PGI-GI emergency update 2019 for practical training in advance endoscopy. He has also treated many diseases of the Pancreaticobiliary system. He has handled patients suffering from abdominal tuberculosis and various Inflammatory bowel diseases. Dr. Balaji is the best gastroenterologist in Whitefield, Bangalore. He has written a comparative analysis of EUS guided vs percutaneous catheter drainage for managing symptomatic walled-off necrosis for the Journal of Gastroenterology and Hepatology in 2019. He has written in the same journal on EUS Miniprobe and its use in predicting and endotherapy outcomes in patients suffering from benign oesophageal strictures. In 2019, he conducted a systematic review and meta-analysis of using steroids in treating abdominal tuberculosis. He was part of an expert review of Anti-infective Therapy in 2020. He also participated in a randomised, controlled pilot study about the Efficacy of tranexamic acid in haemoptysis in October 2016. He has completed his senior residency at the reputed AIIMS and PGIMER, Chandigarh. He has expertise in IBD (Inflammatory Bowel Disease) treatment, ulcerative colitis treatment, gastric ulcer treatment, gall bladder stone treatment, and haemorrhoid treatment. He has been registered with the Karnataka Medical Council since the year 2007. He is an expert in performing complex types of Endoscopy like ERCP (endoscopic retrograde cholangiopancreatography) and EUS (endoscopic ultrasonography).

### Fellowship & Membership

- Lifetime membership for the Indian Society Of Gastroenterology.
- Lifetime membership for the Society of Gastrointestinal Endoscopy of India.

- Senior research associateship and advanced endoscopy training for 1 year at PGIMER, Chandigarh.

## Field of Expertise

- Diagnostic and therapeutic endoscopy and colonoscopy
- General gastroenterology
- Advance endoscopy- endoscopic retrograde cholangio-pancreatography (ERCP) and endoscopic ultrasonography (EUS)
- Liver diseases
- Pancreaticobiliary system (acute and chronic pancreatitis, CBD stones, malignancy)
- Inflammatory bowel diseases and abdominal tuberculosis

## Languages Spoken

- English
- Kannada
- Telugu
- Hindi
- Tamil
- Punjabi
- Malayalam

## Awards & Achievements

- International travel grant to present a research paper at APDW conference 2018, Seoul, South Korea.
- As a faculty for hands-on training in advance endoscopy at the 3rd PGI-GI emergency update 2019.
- Oral presentations at various national and international conferences.
- Conducted various randomized clinical trials also cohort and retrospective studies.

## Talks & Publications

- EUS guided versus percutaneous catheter drainage in the management of symptomatic walled-off necrosis: a comparative analysis. JOURNAL OF GASTROENTEROLOGY AND HEPATOLOGY 2019.
- KR. Endoscopic ultrasonography-guided biliary intervention is safe and effective: Initial experience from a tertiary care center. JOURNAL OF GASTROENTEROLOGY AND HEPATOLOGY 2019 Dec 1.
- KR. Role of EUS Miniprobe in predicting and therapy outcome in patients of benign oesophageal strictures. In JOURNAL OF GASTROENTEROLOGY AND HEPATOLOGY 2019 Dec 1.
- Predictors of outcome of percutaneous catheter drainage in patients with acute pancreatitis having acute fluid collection and development of a predictive model. Pancreatology. 2019 Jun 8. pii: S1424-3903(19)30580-0.
- Site and size of extrapancreatic necrosis are associated with clinical outcomes in patients with acute necrotizing pancreatitis, Pancreatology, 2020
- Infected pancreatic fluid collections following acute pancreatitis have worse outcome after percutaneous catheter drainage than sterile collections. JOURNAL OF GASTROENTEROLOGY AND HEPATOLOGY 2019 Dec 1
- Dilatations:
- Does the upfront use of intralesional steroids improve response to endoscopic dilatation in naive benign esophageal strictures?. JOURNAL OF GASTROENTEROLOGY AND HEPATOLOGY 2019 Dec 1
- Diarrhoea and large intestine:
- CHANGES IN ORO-CECAL TRANSIT TIME (OCTT) AND PREVALENCE OF LACTOSE INTOLERANCE IN PATIENTS OF MICROSCOPIC COLITIS: Gut. 2019
- EVALUATION OF NARROW BAND IMAGING FINDINGS IN MICROSCOPIC COLITIS AND TARGETED BIOPSIES: Gut. 2019 Jun;68
- Utility of tissue Xpert-Mtb/Rif for the diagnosis of intestinal tuberculosis in patients with ileocolonic ulcers. Ther Adv Infectious Dis 2019, Vol. 6: 1- 5,

- Use of steroids for abdominal tuberculosis: a systematic review and meta-analysis. Infection. 2019 Jun;47(3):387-394.
- Risk of hepatitis with various reintroduction regimens of anti-tubercular therapy: a systematic review and network meta-analysis,
- Expert Review of Anti-infective Therapy, 2020
- Chronic liver disease and ascites
- Comparision of antibiotics for the primary and secondary prophylaxis of spontaneous bacterial peritonitis: A systemic review and network-metanalysis with bayssein approach: Gut. 2019
- Efficacy of tranexamic acid in haemoptysis: A randomized, controlled pilot study. Pulm Pharmacol Ther. 2016 Oct