



## DR. GIRISHA B A

Consultant - Orthopaedic Surgery

### Qualification

MBBS | MS ( ORTHO)

### Overview

Dr. Girisha B A is one of the finest Orthopaedic surgeons in Bangalore. He is highly qualified with medical degrees like MBBS and MS specialising in Orthopaedics. He has an experience of more than 10 years performing orthopaedic surgeries on knees, joints, and hips. He is currently the Consultant of Orthopaedic Surgery at the Manipal Hospital located in the Whitefield area of the city. He is fluent in languages like Kannada, Tamil, Hindi, and Telugu, apart from English. Besides surgery, he also consults athletes and sportspersons about their injuries and pain management. His specialisation is in performing arthroscopic knee surgeries to treat ligament, sports, and meniscal injuries. He completed his MBBS in 1999 and pursued an MS in Orthopaedics from the Government Medical College in Bangalore. He has performed posterior cruciate ligament-retaining primary total knee arthroplasty in patients with Arthritis. He completed his primary medical education at the Jawaharlal Nehru Medical College in Belgaum. He has experience in performing complicated knee and hip surgeries like joint replacement surgeries. He has also performed minimally invasive percutaneous surgeries for treating various types of fractures. He is a member of the Bangalore Orthopaedic Association and participates in their activities regularly. Dr. Girisha is the best orthopaedic surgeon in Whitefield, Bangalore. He has completed multiple training courses in Advanced Orthopaedics and Advanced Trauma training. He has done research in the field of sternoclavicular instability and the reconstruction of sternoclavicular ligament using the semitendinosus autograft. He is interested in studying and performing Arthroscopic surgeries like ACL surgery (surgery of a knee joint enamel called ACL) and knee arthroplasty. He has taught as a faculty at various CME conferences (conferences for continuing medical education) across the country. He has consulted many patients about their neck pain, joint pain, sports injuries, and knee pain. He provides various tests like Ankle-brachial Index (a test for peripheral artery disease) to diagnose various issues. He has worked as a consultant at RxDx apart from Manipal Hospital. He has experience working with adults and children having issues related to the musculoskeletal system. He has researched surgically managing proximal tibial fractures using locking compression plates. He is also associated as a member of the Indian Orthopaedic Association. He has helped patients in correcting spinal deformities and bone deformities. He is also a member of the Karnataka Orthopaedic Association, which brings together Orthopaedic doctors across Karnataka.

### Fellowship & Membership

- Member of INDIAN ORTHOPEDIC ASSOCIATION, Outcome of posterior cruciate ligament-retaining primary total knee arthroplasty in arthritic patients
- Sternoclavicular instability - reconstruction of sternoclavicular ligament using semitendinosus autograft
- The outcome of distal femoral fractures treated with locking compression plates
- Surgical management of proximal tibial fractures with locking compression plate

- Member of the KARNATAKA ORTHOPEDIC ASSOCIATION
- Member of the BANGALORE ORTHOPEDIC ASSOCIATION

## Field of Expertise

- The main area of interest is in the Arthroscopic surgeries of the knee including the ACL & other ligament injuries, meniscal injuries, sports injuries.
- Joint replacement surgeries of the Knee & Hip joint.
- Interested in the Minimally invasive percutaneous surgeries of the fractures

## Languages Spoken

- English
- Kannada
- Tamil
- Hindi
- Telugu

## Awards & Achievements

- Completed AO basic & ADVANCED TRAUMA training courses.
- Faculty for the many CME & Conferences.