



DR. POONAM YADAV

Consultant - Ophthalmology

Qualification

MBBS, DNB (Ophthalmology), | M.Phil in Hospital and Health System Management

Overview

Dr Poonam is an Ophthalmologist with a distinguished academic career, which has given her a broad insight into the subject of ophthalmology as she acquired all the necessary skills to deal with challenging problems in the field. She has excellent skills in anterior chamber work and has seen thousands of patients and performed performing over 1000 cataract surgeries and numerous laser surgeries. She has inculcated skills to work on Protégé, Appasamy, AMO Diplomax II and Infiniti Phaco machines and is proficient in foldable and non-foldable IOL placements. She developed a career of fine-tuning her skills in general ophthalmology with a keen focus on the anterior segment, glaucoma and pediatric ophthalmology. An excellent ophthalmologist, she has skills in pterygium surgeries with glue, chalazion, LASIK, C3R, IPCL, and medical glaucoma and has worked with LASIK machines such as Zyoptix- doing wavefront customized and optimized treatments and also with Allegretto 200 and 500, with Hansatome and Moria keratome. She has done hundreds of LASIK surgeries with greatly satisfied and happy patients. Refractive correction with ICL/IPCL (both spherical and toric) has been her area of keen interest. Having done innumerable such cases to the satisfaction of patients. She has also been handling other cornea cases such as Keratoconus (managing with glasses, RGP or C3R), She is proficient in managing such cases with ease and expertise. Another important subject close to her heart is the care of medical glaucoma- screening, diagnosing, laser and medical management. A comprehensive checkup with gonioscopy, HFA, and OCT is being done. She is one of the best eye specialists in Sarjapur Road, Bangalore backed with immense experience. Pediatric management with the treatment of amblyopia, detection and referral for squint surgery is another feather in her cap. She is a professional who values ethics, practices evidence-based medicine, and follows international and national protocols in patient management. Her asset is the care and compassion with which he treats the patient.

Fellowship & Membership

- All India ophthalmological society
- Karnataka ophthalmological society
- Bangalore ophthalmological society
- Delhi ophthalmological society

Field of Expertise

- Anterior segment- cataract, glaucoma, refractive

Languages Spoken

- English
- Hindi