



## DR. JYOTI KALA

Consultant - Obstetrics and Gynecology

### Qualification

MBBS | MS (Obstetrics and Gynecology) | MRCOG (PART 1)

### Overview

Dr Jyoti Kala is a specialist in Obstetrics and Gynaecology with a distinguished academic career. She has completed her MBBS degree from the prestigious Maulana Azad Medical College and Associated Hospitals (GB Pant, Lok Nayak Hospitals, New Delhi) and her MS in Obstetrics and Gynaecology from Rabindra Nath Tagore Medical College, Udaipur. She has undergone clinical attachment and training at National University Hospitals Singapore and Partway Fertility Centre, Mt Elizabeth Hospitals, Singapore. She encourages normal delivery and also handles high-risk pregnancies, like gestational diabetes, hypertensive disorders of pregnancy, pre-term delivery as well as in emergency situations. She has expertise in performing complex surgeries in women, including Total abdominal hysterectomy, vaginal hysterectomy, and emergency procedures for postpartum haemorrhage and ruptured ectopic pregnancy and laparoscopy and hysteroscopy procedures. She is also well experienced in the management of infertility and gynaecological disorders like abnormal uterine bleeding, fibroids, polycystic ovarian disease and ovarian pathology. She is one of the Best Gynecologist Obstetricians In Sarjapur Road, Bangalore. She is very committed to her profession and undergoes periodic skill improvement training and orientation to recent developments to be updated to current practices. She subscribes to evidence-based management and follows international and national protocols in patient care.

### Field of Expertise

- High Risk Pregnancy care (including gestational Diabetes, hypertensive disorders of pregnancy, preterm delivery, Obstetric emergencies),
- Treatment of gynecological disorders in women (Abnormal Uterine bleeding, Fibroids, Polycystic ovarian Disease, Endometriosis, Infertility)
- Gynecological surgeries in women,(Total abdominal hysterectomy, vaginal hysterectomy)
- Emergency surgeries for postpartum haemorrhage and ruptured ectopic pregnancy
- Laparoscopy and hysteroscopy procedures.

### Languages Spoken

- English
- Hindi

- Malayalam
- Kannada

## Awards & Achievements

- Has over 14 years of experience in management of complex obstetric and gynecological cases and procedures.
- Has vast experience in conducting normal vaginal deliveries and high risk pregnancies , Cesarean delivery and Vaginal Birth after cesarean (VBAC).
- Was a trainer in Training of Trainers Programme on Continuum of Care for Postpartum Haemorrhage under Raksha project by Pathfinder International from September 2009 to January 2010 at Udaipur, Rajasthan and trained paramedical and nursing staff from the peripheral hospitals for the same.

## Talks & Publications

- Madhubala Chauhan and JyotiKala. Relation between dysmenorrhea and body mass index in adolescents with rural versus urban variation.
- The Journal of Obstetrics and Gynecology of India (July-August 2012) 62(4):442-445.
- JyotiKala. Conservative management of PPROM for 72 days. ADVANCES 2015, XVIth Annual International Congress of Trivandrum OBGYN Club.