



## DR. SABINA RAO

Consultant - Psychaitry

### Qualification

MBBS | MD

### Overview

Dr. Sabina Rao, a highly regarded Consultant in Psychiatry, is renowned for her exceptional qualifications and expertise in mental health. Dr Rao is an MBBS and Diplomate of the American Board of Psychiatry and Neurology. She has 23 years of experience which demonstrates her unwavering commitment to her profession. Dr. Rao is associated with Manipal Hospitals, a renowned healthcare institution known for its excellence in patient care and medical advancements. In addition to her impressive qualifications, Dr. Sabina Rao has also pursued a fellowship program to further enhance her knowledge and skills in her specialised area of psychiatry. This fellowship has allowed her to gain valuable insights and expertise in a specific subfield or advanced treatment modalities within psychiatry. Through this specialised training, Dr. Rao has expanded her ability to provide her patients with comprehensive, cutting-edge psychiatric care. Dr. Sabina Rao's field of expertise is psychiatry. She deeply understands psychiatric disorders, their diagnosis, and good treatment approaches. Her expertise extends to many mental health conditions, including anxiety, mood disorders, personality disorders, psychotic disorders, and substance use disorders. With her extensive experience, she offers accurate diagnoses and develops many treatment plans for her patients. For the same reason, she is considered the best psychiatrist in Sarjapur, Bangalore. Dr. Sabina Rao is fluent in multiple languages and ensures effective communication and understanding with her diverse patient population. Alongside her proficiency in English, she is also well-versed in other languages, making her accessible and approachable to patients from different cultural and linguistic backgrounds. This linguistic capability facilitates a strong doctor-patient relationship, enabling patients to express themselves comfortably and fostering a more personalised and effective treatment experience. Dr. Sabina Rao's dedication and expertise have been owned through various awards and achievements throughout her career. Her offering to the field of psychiatry and her decision to improve mental health outcomes have earned her recognition from professional organisations, colleagues, and patients alike. These accolades testify to her exceptional skills, compassionate patient care, and unwavering dedication to her field. With her MBBS and MD qualifications, Dr. Sabina Rao is a distinguished Consultant in Psychiatry at Manipal Hospital. Her extensive training, fellowship membership, and expertise in various areas of psychiatry enable her to offer good-quality and also care to her patients. Through her expertise, Dr. Sabina Rao continues to make a remarkable effect on the lives of her patients and the field of psychiatry.

### Field of Expertise

- Management of common mental health issues such as major depressive disorders, panic disorders and not so common conditions such as Bipolar disorder, schizophrenia

## Languages Spoken

- English
- Hindi