



## DR. NITIN YASHAS MURTHY

Consultant - Medical Oncologist Hemato Oncologist

### Qualification

MBBS , MD (Internal Medicine) | DrNB Medical Oncology | ECMO(ESMO Certified Medical Oncologist)

### Overview

Dr. Nitin Yashas is a consultant in Medical oncology and Hemato-oncology. He completed his Doctorate of National Board (DrNB) in Medical Oncology from Manipal Hospital where he was not only trained in the administration of chemotherapy but also advanced therapeutic options like Immunotherapy & Targeted therapy apart from management of Oncologic emergencies. He has expertise in management of all Solid malignancies like Breast Cancer, Lung cancer, Colon Cancer, Kidney Cancer, Prostate cancer, Gynaecological malignancies, Gastrointestinal cancers, etc and Hematolymphoid malignancies (Blood cancers) such as Leukemias, Lymphomas and Myeloma. He practices the latest evidence based medicine and believes in a comprehensive holistic multi-disciplinary approach to a patient. He is a strong proponent of the adage "Prevention is better than cure" and actively recommends Screening for early detection of various types of cancers and identification of hereditary cancer syndromes. He is the Hemato-oncologist in Sarjapur Road, Bangalore His areas of Interest include Immunotherapy, Targeted therapy, Personalised medicine and Molecular Oncology. He has presented award winning research papers at various national conferences . His research paper on prognostic factors in treatment with immunotherapy and checkpoint inhibitors was one of the only few Indian papers presented at the Prestigious European Society of Medical Oncology's (ESMO) Immuno-Oncology conference held at Geneva, Switzerland in 2019. Dr.Nitin Yashas completed his MBBS and his post graduation in internal medicine (MD) from St.John's Medical College. He is also a Quizmaster and Public speaker. He is part of Alterdoctor- a platform for doctors and medical students to express themselves with the aim to enlighten and empower. He is passionate about the usage of Social media in spreading knowledge and awareness of health related topics and has created multiple online videos and has been invited to participate in webinars conducted by prestigious organizations such as Rotary Club, Press Bureau of India, etc.

### Fellowship & Membership

- DrNB - Medical Oncology (2018-2021):
- Completed Doctorate of National Board (DrNB) in Medical Oncology from Manipal Hospital, Old Airport Road, Bangalore between 2018-2021.
- Was involved in Research in various topics : Immunotherapy in Renal cell carcinoma, Toxicities of Immunotherapy, Targeted therapy in Breast Cancer, Haplo-identical Stem cell Transplant, etc under the guidance of Dr.Amit Rauthan & Dr. Poonam Patil.
- Trained in the administration of chemotherapy, immunotherapy, targeted therapies, management of toxicities, counselling, and formulating appropriate treatment plans.
- Presented Award winning research papers at multiple national conferences apart from presentation at ESMO

- Immuno-oncology International conference at Geneva.
- Senior Resident- Internal Medicine (2017-2018):
- Served as Senior resident in the Department of Internal Medicine , St. John's Medical College between 2017-2018. Was actively involved in the teaching and training of >100 undergraduate and postgraduate students and interns.
- Was involved in patient care and research in Hematology comprising benign and malignant hematological disorders under the guidance of Dr. Cecil Ross.
- MD-Internal Medicine (2014-2017):
- Completed MD Internal Medicine from St. John's Medical College, Bangalore between 2014-2017.
- Obtained a top 5 rank in the final university examinations conducted by the Rajiv Gandhi University of Health Sciences (RGUHS ) in the state of Karnataka.
- Presented Award winning research papers at prestigious national and state level conferences such as APICON-2016, KAPICON-2015. Undertook Research on the manifestations of Extrapulmonary Tuberculosis and its association with HIV under the guidance of Dr. G.D. Ravindran.
- MBBS (2007-2013) :
- Completed MBBS from St. John's Medical College Bangalore. Obtained Honours in Pharmacology and Merit in Anatomy, Physiology, Biochemistry, Pathology, Pharmacology, Microbiology, Ophthalmology, Community Medicine, General Medicine, OBG, Paediatrics in MBBS at the university examinations conducted by RGUHS.

## Field of Expertise

- Immunotherapy
- Targeted Therapy
- Personalized medicine and molecular Oncology
- Management of Solid Malignancies like breast cancer, lung cancer, gynaecological malignancies, urogenital malignancies, gastrointestinal malignancies.
- Management of hemato-lymphoid malignancies like leukemia, lymphoma, myeloma.

## Languages Spoken

- Hindi
- English

## Talks & Publications

- Best Poster Presentation at the 1st Annual Meeting of the Indian Society for Blood and Bone marrow Transplantation held at CMC Vellore in March 2020.
- Research on Neutrophil-Lymphocyte ratio as a prognostic marker in a resource constraint setting for metastatic malignancies treated with immune checkpoint inhibitors presented as a poster at the prestigious ESMO (European society of Medical Oncology) immuno-oncology meet in Geneva 2019
- Best Oral paper award at 41st ICON held in Ahmedabad in September 2019 for topic significance of neutrophil-lymphocyte ratio on prognosis inpatients of metastatic Renal cell carcinoma & Non-small cell lung cancer treated with immunotherapy.
- Second Prize for Best Oral Presentation for research on Management of toxicities associated with immune checkpoint inhibitors: a single centre experience at IO-SICON 2019 conducted by Tata Memorial Hospital Mumbai in February 2019.
- Top 5 Oral Presentation in LYMPHOCON 2019 organised by Kidwai Memorial institute of Oncology for paper on Management of Relapsed/Refractory Hodgkins Lymphoma: Experience with Autologous stem cell transplant (ASCT).
- Dr. Nitin Yashas on Men's health tips: Can tight jeans cause testicular cancer? Doctors answer | Hindustan Times. [Click Here](#)
- Dr. Nitin Yashas Murthy on SII's new vaccine will help bring down cervical cancer cases in country: Doctor | News Trail. [Click Here](#)
- DR. Nitin Yashas Murthy on Research is going on for a cure for cancer | Vijaya Karnataka. [Click Here](#)

- Dr. Nitin Yashas Murthy on Immunotherapy and targeted therapy changing the landscape of survival in oncology | BW Healthcare World. [Click Here](#)