

DR. SONALI BHATTAD

Associate Consultant - Neurology

Qualification

MBBS | MD (General Medicine) | DM (Neurology)

Overview

Dr. Sonali Bhattad has done her residency program in August (2021) in Neurology at Govind Ballabh Pant Institute of Postgraduate Medical Education and Research (GIPMER), Maulana Azad Medical College which is one of the most reputed neurology teaching centres in India. She completed her MD (Internal Medicine) from Government Medical College, Surat (Gujarat) in the year 2017 and MBBS from Karnataka in 2013. She is among the top neurologists in Old Airport Road, Bangalore. Dr. Sonali Bhattad has been trained under various subspecialties of neurology such as Movement disorders, Stroke, Epilepsy, Neuro infections, Headache, Vertigo, Dementias, Neurodegenerative Disorders, Neuropathic Disorders, Demyelinating Disorders, Autoimmune disorders, Myopathies, Electrophysiology and injecting Botulinum Toxin for various movement disorders. Dr. Sonali Bhattad has several publications in national and international journals of neurology and has been an author of a few medical journal topics on neurology. Also, she has given presentations at various national and international conferences related to neurology. She has received awards for her academic performance during her residency period and secured medals during my MBBS. Dr. Sonali Bhattad is also a member of the Indian Academy of Neurology and the American Academy of Neurology. She has excelled in various competitive examinations during her university and high school education. She is a quick learner of languages. While her mother tongue is 'Marwari', she is proficient in English, Kannada, Hindi, and Marathi as well. She learnt Gujarati during her Post-Graduation in Medicine at Surat (Gujarat).

Fellowship & Membership

- Junior Member of the International Parkinson and Movement Disorder Society (MDS).
- Member of the Indian Academy of Neurology (IAN).
- Member of Delhi Neurological Association (DNA).

Field of Expertise

- Stroke - Expert in Acute Stroke Management and Post-Stroke Rehabilitation
- Movement Disorders - Parkinson's disease and Atypical Parkinsonism, Dystonia, Tremors. Also, expertise in Botulinum Toxin Injections for various movement disorders.
- Headache- Migraine and management of other types of headache.
- Epilepsy - Management of Childhood and Adult Epileptic Disorders.
- Neuroimmunology- Demyelinating and Autoimmune Disorders.
- Neuromuscular Disorders-Peripheral Neuropathies, Radiculopathies, Myopathies, Myasthenia Gravis.
- Electrophysiology - Nerve Conduction Study and Electromyography.

Languages Spoken

- English
- Kannada
- Hindi
- Marathi
- Gujarati

Awards & Achievements

- Secured Gold Medal in the Post-Graduation (General Medicine - Veer Narmad South Gujarat University).
- Secured Silver Medal in the final year of MBBS.

Talks & Publications

- Monochorea of the Upper Limb in a Patient with Spinocerebellar Ataxia Type 12. Sonali Bhattad, CS Rawat, S Pandey. Movement Disorders Clinical Practice; 8:S51-2.
- Commentary: Monochorea of the Upper Limb in a Patient with Spinocerebellar Ataxia Type 12. AE Lang, Sonali Bhattad, CS Rawat, S Pandey, KD Sethi. Commentary: Monochorea of the Upper Limb in a Patient with Spinocerebellar Ataxia Type 12. Movement Disorders Clinical Practice; 8:S53-4.
- Insulinoma-Induced Hypoglycemia with Generalized Chorea, Dystonia, and Ataxia: A Neurological Kaleidoscope. A Mishra, Sonali Bhattad, S Pandey. Insulinoma-Induced Hypoglycemia with Generalized Chorea, Dystonia, and Ataxia: A Neurological Kaleidoscope. Movement Disorders Clinical Practice; 8:S6-8. Commentary: Insulinoma-Induced Hypoglycemia with Generalized Chorea, Dystonia, and Ataxia: A Neurological Kaleidoscope. M Stamelou, A Mishra, Sonali Bhattad, S Pandey, VS Fung. Commentary: Movement Disorders Clinical Practice; 8:S9-10.
- Tremor in Primary Monogenic Dystonia. S Pandey, Sonali Bhattad, S Dinesh. Curr Neurol Neurosci Rep. 2021 Jul 15; 21(9):48.
- The Problem of Questionable Dystonia in the Diagnosis of "Essential Tremor Plus". S Pandey, Sonali Bhattad, Hallett M. Tremor Other Hyperkinet Mov (N Y). 2020 Aug 13; 10:27.
- Severe Choreo-Ballism Episodes Due to PRRT2 Gene Mutations-A Vignette. S Pandey, A Chouksey, Sonali Bhattad. Mov Disord Clin Pract. 2020 Aug 27; 7(7):857-858.
- Diagnostic Delay in Cervical Dystonia: Dystonia with Antecedent Essential Tremor? S Pandey, Sonali Bhattad. Mov Disord. 2020 Jun; 35(6):1085-1086.
- Late-onset KMT2B-related dystonia in an Indian patient with normal cognition, dystonic opisthotonus, and lack of oromandibular and laryngeal involvement. S Pandey, Sonali Bhattad, AK Panda, L Mahadevan. Parkinsonism Relat Disord. 2020 May; 74:33-35.
- Sensory tricks. Sonali Bhattad, S Pandey. Ann Mov Disord 2019; 2:98-101.
- Questionable Dystonia in Essential Tremor Plus: A Video-Based Assessment of 19 Patients. S Pandey, Sonali Bhattad. Mov Disord Clin Pract. 2019 Oct 23;6(8):722-723.
- Soft Signs in Essential Tremor Plus: A Prospective Study. S Pandey, Sonali Bhattad (Accepted in MDCP journal Article DOI:10.1002/mdc3.13350).
- Author For Chapters In Textbooks
- The 5-Minute Clinical Consult 2020: Essential tremor Syndrome by Sonali Bhattad, S. Sharma, S. Pandey.
- Choreo-ballistic movements abating on eating sugar in a patient with an abdominal mass; International Parkinson and Movement Disorder Society.
- MDS International Congress, Virtual Video Challenge, September 2020.
- A 69-year-old man with gait ataxia and monochorea of upper limb International Parkinson and Movement Disorder Society MDS International Congress, Virtual Video Challenge, 01-09-2020.