

DR. ADITI CHOPRA

Consultant - Diabetes and Endocrinology

Qualification

MBBS | MD (Medicine) | DM Endocrinology

Overview

Dr. Aditi Chopra is an expert in endocrinology and diabetes with more than 13 years of relevant expertise. She is presently working at the Manipal Hospitals Old Airport Road, Bangalore. She is a specialist in treating thyroid and diabetes issues in all age groups and is skilled in treating adult and paediatric endocrinological illnesses. She is renowned for her attention to detail, precise diagnosis, and compassionate treatment of patients and has handled countless challenging medical situations. Also, she is skilled in dealing with numerous critical conditions and holds expertise in various subjects. She is one of the best endocrinologists in Old Airport Road, Bangalore. Some of her expertise includes Diabetes with a special interest in Juvenile diabetes, Thyroid disorders, Pituitary, Adrenal, Growth and puberty-related disorders, PCOD, Osteoporosis, and metabolic bone diseases. The doctor holds a degree of MBBS, following which she achieved her MD degree and the DM in Endocrinology degree. She also has received several prestigious awards in the fraternity for her tireless service to the field. Dr. Aditi Chopra has been awarded a Research grant from the Endocrine Society of India for a research project on "Clinical characteristics, localization and follow up of patients with Tumor-induced Osteomalacia (TIO)", and a travel grant to attend the Endocrine Fellows Foundation/ ASBMR 2016 held in Atlanta, USA. She has been a part of several publications and academic works which have been critically acclaimed and appreciated by many in her field and have given her the reputation of being one of the best endocrinologists in Bangalore.

Fellowship & Membership

- ESI (Endocrine Society of India) member.

Field of Expertise

- Diabetes with a special interest in Juvenile diabetes
- Thyroid disorders
- Pituitary
- Adrenal
- Growth and puberty-related disorders
- PCOD
- Osteoporosis
- Metabolic bone diseases

Languages Spoken

- English
- Hindi
- Kannada

Awards & Achievements

- Awarded Research grant from the Endocrine Society of India towards research project on "Clinical characteristics, localization and follow up of patients with Tumour-induced osteomalacia (TIO).
- Awarded travel grant to attend the Endocrine Fellows Foundation/ ASBMR 2016 held in Atlanta, USA.

Talks & Publications

- Chopra A. Parathyroid Adenoma within the Carotid Sheath. *Acta Endo (Buc)* 2020;16:497-500. <https://doi.org/10.4183/aeb.2020.497>.
- Singh D, Chopra A, Ravina M, et al. Oncogenic osteomalacia: role of Ga-68 DOTANOC PET/CT scan in identifying the culprit lesion and its management. *Br J Radiol.* 2017;90(1072):20160811.
- Chopra A, Sudhanshu S, Chen Y, et al. The impact of free medical supplies and regular telephonic contact on glycemic control in Indian children and adolescents with type 1 diabetes. *Pediatr Diabetes.* 2019;20(4):444-449.
- Mangla P, Chopra A, Sudhanshu S, et al. Validation of a diabetes knowledge test for Indian children, adolescents and young adults with type 1 diabetes mellitus. *Prim Care Diabetes.* 2019;13(3):283-287.
- Kulshreshtha B. Thyroiditis developing post initiation of octreotide in a case of TSH-secreting tumour. *Acta Endo (Buc).* 2020;16(1):90-94.
- Mangla P, Gupta S, Chopra A, Bhatia V, Vishwakarma R, Asthana P. Influence of socio-economic and cultural factors on type-1 diabetes management: report from a tertiary care multidisciplinary diabetes management centre in India. *Indian J Pediatr.* 2020;87(7):520-525.
- Punnose J, Malhotra RK, Sukhija K, et al. Bimodal distribution of fasting, one and two-hour post-load plasma glucose in Asian Indian pregnant women without pre-gestational diabetes: Gestational age-related changes. *J ClinTranslEndocrinol.* 2019;16:100195.
- Chopra A, Singh Y, Kaushal M, Taneja A, Kulshreshtha B. Simultaneous Occurrence of Thyroiditis in Ectopic and Eutopic Thyroid Masquerading as Thyroglossal Cyst. *J ClinDiagn Res.* 2017;11(5):OD17-OD19.
- Sarkar J, Chopra A, Katageri B, Raj H, Goel A. Leptospirosis: a re-emerging infection. *Asian Pac J Trop Med.* 2012;5(6):500-2.