



DR. B G DHARMANAND

Consultant - Rheumatology

Qualification

MBBS, MD (Internal Medicine), DM (Rheumatology/Clinical Immunology). | FTTA Registrar- Southend on Sea, UK.

Fellowship & Membership

- IMA
- API
- IAPMR
- Geriatric society.
- Society of orthopaedic medicine.
- IACFS-ME
- Fascia research society.
- IOF
- Indian Rheumatology association.

Field of Expertise

- Arthritis
- Multi-system autoimmune diseases
- Osteoporosis
- Fibromyalgia and Musculoskeletal medicine

Languages Spoken

- English
- Tamil
- Kannada
- Telugu
- Hindi

Awards & Achievements

- President, Indian Rheumatology Association (2021-2023).
- Scientific committee chairman: IRACON 2021.

Talks & Publications

- Dapsone in Rheumatic Diseases (Review) Journal of Indian Rheumatology Association (JIRA) 1994;2(4): 177-179.
- Interferon therapy in Rheumatic diseases (Review) JIRA 1995;3(1) 33-35.
- Gastrointestinal tract in Rheumatic diseases (Review)-Antiseptic 1995
- 1995;92(9);336-337.
- Aggressive therapy in Neuropsychiatric Lupus-Should NPSLE be treated as aggressively as renal Lupus-JIRA 1996;4(2);61-63.
- Rheumatological manifestation of diabetes mellitus-Karnataka journal
- of medical sciences (KJMS) April-June 2002.
- Rheumatological manifestations in Hypothyroidism-JK Science Vol 3: no 3, July-September 2001.
- International scleroderma symposium: July 16-17, 2016, Bengaluru. Indian J Rheumatol 2016;11:163-4.
- Preface: Soft Tissue Rheumatism Indian Journal of Rheumatology 9 (2 0 1 4) S 1eS 2.
- Approach to a patient with soft tissue rheumatic pain.. Ind J Rheumatol. 2014;9:S3eS5.
- Polymyalgia Rheumatica and Giant cell arteritis. JIM 3R; vol 5 issue 1: Jan-March 17. 28-31.
- The spectrum of clinical and immunological features of systemic rheumatic diseases in a referral hospital: Juvenile Dermatomyositis/Polymyositis. JIRA 1995;3(4):141-145.
- Diabetic muscle infarct- A under-recognized complication of diabetes mellitus. Diabetes news & views (RSSDI newsletter-Karnataka chapter) 2005: vol 2 ; 8.
- BG Dharmanand, B Elliot, D Tucker, A Eden, B Dasgupta. Rheumatology, Southend Hospital, Westcliff on Sea, Essex, United Kingdom; ...
- rheumatology.oxfordjournals.org/cgi/reprint/42/suppl_1/72.pdf -
- Short report: Giant cell arteritis A Clinical and Pathological Study National medical journal of India; 2010 vol 23;1: 18-20.
- An unusual presentation of Wegener's granulomatosis during pregnancy. IJRCL. 2013;1(1):CS4 (22 June 2013).
- Presentation of Ewing's sarcoma as unilateral sacroiliitis. IJRCL. 2013;1(1):CS3. (21 May 2013).
- Efficacy and safety of golimumab in Indian patients with rheumatoid arthritis: Subgroup data from GO-MORE study.
- Int J Rheum Dis. 2016 Nov;19(11):1083-1092. doi: 10.1111/1756-185X.12927.
- Phenotypic Variability in Majeed Syndrome. J Rheumatol 2016;43:6; doi:10.3899/jrheum.151193.
- Factors influencing remission in rheumatoid arthritis patients: results from Karnataka rheumatoid arthritis comorbidity (KRAC) study. Int J Rheum Dis. 2016 Jul 25. doi: 10.1111/1756-185X.12908. [Epub ahead of print].
- Reduced incidence of extra-articular manifestations of RA through effective disease control: Karnataka Rheumatoid Arthritis Comorbidity;(KRAC) study. Int J Rheum Dis. 2016 Dec 10. doi: 10.1111/1756-185X.12957. [Epub ahead of print].
- Latitude gradient influences the age of onset of rheumatoid arthritis: a worldwide survey. Clin Rheumatol. 2016 Dec 19. [Epub ahead of print].
- Comorbidities and related factors in rheumatoid arthritis patients in south India-KRAC study. Rheumatismo 2017;69(2):47-58.
- Das P, Moorthy A, Dharmanand B. Rheumatology training in India compared to the United Kingdom. Indian J Rheumatol [serial online] 2018 [cited 2018 Jun 7];13:113-6. Available from: <http://www.indianjrheumatol.com/text.asp?2018/13/2/113/222116>.
- Biologics and risk of tuberculosis in autoimmune rheumatic diseases: A real-world clinical experience from India.
- August 2018 International Journal of Rheumatic Diseases
- DOI: 10.1111/1756-185X.13376
- International Scleroderma Symposium: July 16-17, 2016, Bengaluru: Indian J Rheumatol 2016;11:163-4.
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- SAT0234 Prospective single centre study of effectiveness of upfront rituximab and mycophenolate with minimum steroid in SLE
- June 2017Annals of the Rheumatic Diseases 76(Suppl 2):862.1-862
- DOI: 10.1136/annrheumdis-2017-eular.2902
- Conference: Annual European Congress of Rheumatology, 14-17 June, 2017
- Incidence of infection other than tuberculosis in patients with autoimmune rheumatic diseases treated with bDMARDs: a real-time clinical experience from India. Rheumatology International
- <https://doi.org/10.1007/s00296-019-04245-4>
- Worsening of posterior scleritis and orbital pseudotumor in a patient with Granulomatosis polyangiitis with a rituximab-A case report. Indian J Ophthalmol 2020;68:XX-XX
- Expert Panel Consensus Statements on the Optimal Usage of Rituximab
- for the Management of Rheumatoid Arthritis in India. Indian Journal Of Rheumatology; 10.4103/injr.injr_69_21 (2021).
- Do all Patients with Rheumatic Diseases have a Higher Risk of COVID 19? Initial Results from the Karnataka Rheumatology Association COVID 19 Cohort Study (KRACC). Indian J Rheumatol 2021;16:164-8.

- A Prospective Longitudinal Study Evaluating The Influence of Immunosuppressives and Other Factors On COVID-19 in Autoimmune Rheumatic Diseases; DOI: <https://doi.org/10.21203/rs.3.rs-805748/v1> (Preprint).
- Effectiveness of myofascial release on pain, sleep, and quality of life in
- patients with fibromyalgia syndrome: A systematic review. Complementary Therapies in Clinical Practice 45 (2021) 101477.
- A dire need to create awareness about rheumatological diseases - Dr. BG Dharmanand, Senior Consultant - Rheumatology, Manipal Hospital Millers Road. [Click Here](#)