



DR. GAURAV GOMEZ

Consultant - Intervention Pain Medicine & Neuro - Rehabilitation

Qualification

MBBS | MD PMR(Rehabilitation Medicine) (CMC Vellore)

Overview

Dr. Gaurav Gomez is an Interventional Pain Medicine Expert in Mangalore, who specializes in 'Pain Medicine & Neuro-Rehabilitation' and also provides palliative care to his patients. He has been trained in India's 4 best medical institutes – CMC Vellore, St. John's Medical College Hospital Bangalore, and AIIMS New Delhi. After completing his MBBS from St. John's Medical College, he spent 2 years in rural service. Following this, he completed his post-graduation (MD) in PMR (Physical Medicine & Rehabilitation, also known as Rehabilitation Medicine) from CMC Vellore. He then completed a fellowship in Neurological Rehabilitation from NIMHANS Bangalore and later joined the institute as a senior resident. After completing his stint of 2.5 years in NIMHANS, he joined St John's Medical College as an Assistant Professor in PMR. He has completed his 'Fellowship in Pain Medicine' from one of the country's premier medical institutes, AIIMS New Delhi (Department of Pain Medicine, Anaesthesiology & Critical care). Noting the overlap in medical care between Pain medicine, Rehabilitation medicine, and Palliative care, and with an intention to holistically help patients suffering from cancer, he then completed parts A & B of the Certificate course in Essentials of Palliative Care (CCEPC) from the Indian Association of Palliative care. During his education, he has won multiple awards and published several articles in international journals of repute and is one of the best Pain Medicine Specialists in Mangalore.

Fellowship & Membership

- Post Doctoral fellowship Neuro-Rehab) (NIMHANS).
- Fellowship in Pain Medicine (AIIMS, New Delhi).
- CCEPC (Indian Association of Palliative Care).

Field of Expertise

- Pain Management (Medical & Minimally invasive)
- Chronic Pain
- Back/Neck Pain
- Cancer Pain
- Neuropathic Pain
- Sympathetically Mediated Pain

- Joint Pain
- Post Surgical Pain
- Neurological Rehabilitation (Medical)

Languages Spoken

- English
- Hindi

Talks & Publications

- Dr. Gaurav Gomez on Three effective ways to get relief from constant chronic pain | Asianet Newsable. [Click Here](#)