



DR. HARSHITHA BOYAREDDIGARI

Consultant - Diabetes & Endocrinology

Qualification

MBBS | DNB | DM

Overview

Dr. Harshitha Boyareddigari is a highly regarded diabetes consultant in Bangalore currently associated with Manipal Hospitals, Jayanagar, as Consultant – Diabetes and Endocrinology. With a commendable experience of over 12 years in this field, she is recognised as one of the best endocrinologists. Her areas of expertise include remission of diabetes, obesity, Osteoporosis, Congenital adrenal hyperplasia, PCO, thyroid disorders, short stature, thyroid cancers, bone disorders, mineral metabolism, ambiguous genitalia, puberty disorders, and pituitary disorders. She is particularly famous for treating Type 1 diabetes and diabetes in young patients. She completed her MBBS from Narayana medical college, Nellore, and her DNB - General Medicine from the National Board of Examination in 2015. She then pursued DM - Endocrinology from MS Ramaiah Medical College. Besides English, she is proficient in Tamil, Telugu, Kannada, and Hindi. Her multi-linguistic ability enables her to connect with patients and ensures accurate diagnosis and communication. Dr. Harshitha's academic achievements include securing 97.1% in the 12th State Board Exam and being awarded the Merit Scholarship at the State level. She also won a gold medal as a prize for her remarkable score of 79.2% in MBBS. Additionally, she was honoured with the PVSM Prize (named after Lt. B.D.Rao) for attaining the highest grades in the Department of Pathology. For the same reason, she is considered to be the best endocrinologist in Jayanagar, Bangalore. Her professional accomplishments include the Merit Certificate and Dr. Swamisaran Medal for scoring the highest grades in Ophthalmology. Additionally, she has been honoured with a Merit Certificate and a gold medal for achieving the highest grade in Microbiology, Physiology, and Forensic Medicine. Her commitment to the medical field is evident through her participation in conferences and competitions. She won the second position at "The Young Scholar Award" 2022, conducted by the Indian Endocrine Society. She secured the third position and a cash prize at the ENDO Master Class organised by CMC, Vellore, in April 2022. Furthermore, she achieved 2nd place in a Quiz competition by the Indian Association of Pediatrics in 2010. She presented a poster titled "Clinical and Hormonal Profile of Congenital Adrenal Hyperplasia from a tertiary center" at the national conference ESICON Bangalore 2021. These accomplishments reflect Dr. Harshitha's dedication, expertise, and commitment to excellence in her medical profession. Her participation in conferences, quiz competitions, and research presentations demonstrates her passion for advancing medical knowledge and contributing to healthcare. Her extensive experience and commitment make her a highly sought-after specialist in diabetes and endocrinology.

Field of Expertise

- Diabetes and remission/reversal of diabetes
- Diabetes in young
- Type 1 diabetes

- Obesity
- PCO and disorders of fertility
- Thyroid disorders, thyroid cancers
- Osteoporosis and Disorders of Bone and mineral metabolism
- Short stature and disorders of puberty
- Ambiguous genitalia and Congenital adrenal hyperplasia
- Pituitary Disorders

Languages Spoken

- English
- Telugu
- Tamil
- Kannada
- Hindi

Awards & Achievements

- Intermediate (Std.12) board exam - secured 97.1% and awarded State Merit Scholarship for post-intermediate students for the academic year 2005-06.
- Awarded E. Jayamudhusudhan Reddy Endowment Gold Medal for the best outgoing student of the batch (2005-10) in MBBS.
- Awarded Gold Medal for the best outgoing student by Alluru Audishesha Reddy Revolving Charities for securing distinction in MBBS with an aggregate of 79.2%.
- Awarded Lt.Gen.B.D.Rao PVSM Memorial prize for securing the highest marks in Pathology in the state.
- Awarded certificate of merit & Dr. Swamisaran Memorial Gold Medal for securing the highest marks in ophthalmology.
- Awarded gold medal and certificate of merit for securing the highest score in Microbiology, Forensic medicine, and physiology.
- Won 1st runner-up at TYSA - The Young Scholar Award 2022, Hyderabad held by the Endocrine Society of India.
- Won 2nd runner-up and cash prize at ENDO Master Class organized by CMC, Vellore in April 2022.
- Secured 2nd place in a Quiz competition conducted by the Indian Association of Paediatrics, 2010.
- Presented a poster at the national conference of the Association of Physicians of India in Feb.2015 at Gurgaon.
- Presented poster at national conference ESICON Bangalore 2021 titled - Clinical and hormonal profile of Congenital Adrenal Hyperplasia from a tertiary centre in India.