



DR. WASIM M DAR

Consultant - General Surgery

Qualification

MBBS | MS (Gen Surg) | MRCS (Eng) | MRCS (Glasg) | FAIS | FMAS | DMAS (Bariatric and Metabolic Surgery) | Dip. Hernia Essentials (APHS)

Overview

Dr. Wasim M Dar is highly skilled and accomplished General Surgeon practising at Manipal Hospital in Jayanagar, Bangalore. With extensive qualifications and expertise in various surgical procedures, Dr. Wasim is dedicated to providing excellent patient care and ensuring positive surgical outcomes. Dr. Dar's educational background is impressive, reflecting his commitment to academic excellence. He completed his M.B.B.S. degree from K.B.I.N.S. in 2006, followed by a Master of Surgery (M.S.) in General Surgery. He enhanced his surgical skills by obtaining the Royal College of Surgeons (M.R.C.S.) Membership from England and Glasgow. Dr. Dar also holds several other qualifications, including F.A.I.S. (Fellow of the Association of Surgeons of India), F.M.A.S. (Fellowship in Minimal Access Surgery), D.M.A.S. (Diploma in Bariatric and Metabolic Surgery), and a Diploma in Hernia Essentials from A.P.H.S. (Asia Pacific Hernia Society). Dr. Dar specialises in various fields of surgery, with expertise in open and laparoscopic hernia repairs. He is skilled in performing endocrine surgeries, gall bladder surgeries, colorectal surgeries, minimal access surgery, basic and advanced laparoscopic procedures, bariatric surgery, laser proctology, venous disease treatment (including laser varicose veins), and diabetic foot management. His extensive knowledge and proficiency enable him to provide comprehensive care to patients with diverse surgical needs. Beyond his clinical work, Dr. Wasim M Dar has significantly contributed to the medical field through his research and publications. He has authored various papers on General Surgery published in national and international journals, showcasing his commitment to advancing medical knowledge and sharing his expertise with the wider surgical community. Additionally, he has delivered talks and presentations on topics such as evolving techniques in laparoscopic ventral hernia mesh repair and the prevalence of venous thromboembolism in COVID-19 infection. For the same reason, he is considered one of the best general surgeons in Jayanagar, Bangalore. Dr. Dar's achievements extend to his involvement in notable publications. He has contributed a chapter on hernia surgery titled "Hybrid: Evolving Techniques in Laparoscopic Ventral Hernia Mesh Repair" in a textbook published by IntechOpen. Another chapter he authored, "Varicose Veins: E.V.L.T. with Foam Sclerotherapy," is featured in the book "New Frontiers in Medicine and Medical Research Vol. 3." As a surgeon, Dr. Dar provides various services to his patients, including minimal keyhole surgery, gastritis treatment, laparoscopic surgery, liver disease treatment, intestine surgery, hepato-biliary-pancreatic procedures, chronic liver disease management, and hernia repair surgeries. His expertise extends to specialised procedures such as appendectomy, cholecystectomy (both open and laparoscopic), fistulectomy, fistulectomy/sphincterotomy, and hemorrhoidectomy. Dr. Dar is fluent in multiple languages, including Kannada, English, and Hindi, which allows him to effectively communicate with patients from various backgrounds and ensure personalised care. With his dedication, expertise, and commitment to advancing surgical practices, Dr. Wasim M Dar is a highly respected and sought-after General Surgeon in Bangalore. His patients benefit from his extensive knowledge, skilful surgical techniques, and compassionate approach, making him a trusted name in surgery.

Field of Expertise

- Hernia (Open and laparoscopic)
- Endocrine Surgery
- Gall Bladder Surgery
- Colorectal surgeries
- Minimal Access Surgery
- Basic and advanced laparoscopic surgeries
- Bariatric
- Laser proctology
- Venous diseases including laser varicose veins
- Diabetic foot management

Languages Spoken

- Kannada
- English
- Hindi

Awards & Achievements

- Various papers on General Surgery Published in National and International journals.

Talks & Publications

- Hybrid: Evolving techniques in laparoscopic ventral hernia mesh repair. J Minim Access Surg. 2020;16(3):224-228. doi:10.4103/jmas.JMAS_163_18).
- Venous thromboembolism in COVID-19 infection: Prevalence and practice of prophylaxis - A narrative. Indian J Vasc Endovasc Surg 2021;8:199-204).
- Annals (Journal of Royal College of Surgeons) Acute limb ischemia: not an uncommon complication of COVID-19 infection. Ann R Coll Surg Engl. 2022 Jul;104(7):e211-e215. doi: 10.1308/rcsann.2021.0342).
- Text Book Chapter – New Frontiers in Medicine and Medical Research Vol.3 – Varicose Veins: EVLT with Foam Sclerotherapy. New Frontiers in Medicine and Medical Research Vol. 3. (Aug. 2021), 11–25. DOI:<https://doi.org/10.9734/bpi/nfmmr/v3/3170F>).
- Text Book Chapter – Hernia Surgery – Hybrid: Evolving Techniques in Laparoscopic Ventral Hernia Mesh Repair. (IntechOpen, <https://doi.org/10.5772/intechopen.102413>).