



COL(DR.) ARADHANA SOOD

HOD - Neurosurgery department of Neurosurgery senior Consultant - Neurosurgery, HOD - Neurosurgery department of Neurosurgery senior Consultant - Neurosurgery, HOD - Neurosurgery

Qualification

MD (Dermatology, venereology & Leprosy) | DNB (Dermatology & Venereology)

Overview

Col (Dr) Aradhana Sood is a renowned name in the field of Dermatology and Cosmetology. She has made an impact in the various fields related to skincare and cosmetic medical science. She is an MD in Dermatology, Venereology, and Leprosy. She also completed her Diplomate National Board (DNB) in Dermatology and Venereology. She has a vast experience of over 26 years, and is presently employed at Manipal Hospitals, Hebbal, Bengaluru. She had previously been associated as a consultant Dermatologist with the United Nations Mission to the Democratic Republic of Congo. Moreover, she had been associated as a physician for the Armed Forces Medical Core for 19 years. She was also a professor in AFMC and then was designated as a HOD for skin science during her service period in the armed forces. Presently she set up an organisation called Medlumos Pvt Ltd. She is instrumental in running this social enterprise to redefine the accessibility of medical aid to rural areas. She has set up several Telemedicine clinics with a state of art facilities empowering doctors using the methodology of IOT, point of care testing. She also ensured that the pricing was affordable to the pockets of the BPL families. Moreover, she introduced Micro health insurance for the underprivileged so that they can take care of their medical expenses. Therefore, she is considered one of the best dermatologists in Hebbal, Bangalore. Dr. Aradhana Sood has been practicing her skills in the various fields of Clinical Dermatology, Trichology, Regenerative Dermatology & Cosmetology, Dermatopathology, Leprosy and Sti Management, Pediatric Dermatology, and Chemical Peels & Acne Scar Management. She is considered an expert in Psoriasis Treatment, where skin-related benign cysts though not harmful and painless but are infectious and, if not treated, may cause more serious pathological conditions. Dr. Soof is a member of the Indian Association of Dermatologists, Venereologists, and Leprologists, where she is one of the most approachable and knowledgeable doctors. She is also connected with the Cosmetic Dermatology Society of India, thus making her a part of the elitist cosmetic dermatologist of India. Moreover, she is an integral part of the Telemedicine Society of India. She is well versed in English, which helped her to create a rapport with those elites and well-to-do patients who have their own set of preferences related to communication. Her expertise in Hindi and her native language, Punjabi, has also opened doors for real cordial communication with those patients who come from the villages of UP, Bihar, and other Hindi-speaking or Punjab, and Delhi, thus catering to a wide range of patients.

Field of Expertise

- Clinical Dermatology
- Trichology
- Regenerative Dermatology & Cosmetology

- Chemical Peels & Acne Scar Management
- Paediatric Dermatology
- Leprosy And Sti Management
- Dermatopathology

Languages Spoken

- English
- Hindi
- Punjabi

Talks & Publications

- 40 National & International Publications.