



## DR. HAMZA SHAIKH

Consultant- Spine Surgery

### Qualification

MBBS | D`Ortho | DNB [Ortho] | FNB Spine Surgery

### Fellowship & Membership

- AO Spine Member
- Lifetime member of Association of Spine Surgeons of India (ASSI)
- Member of Asia pacific Spine Society
- ISKSAA Member
- ISKSAA Travelling Fellowship in Arthroscopy & Arthroplasty

### Field of Expertise

- Surgical and Non-Surgical treatment of spinal disorders including disc surgery and spinal fusions at all levels of the spine from the neck to the lower back.
- Various injection techniques in the spinal disorders
- Microscopic/ endoscopic discectomy
- Minimally Invasive Spinal Stabilization
- Posterior and Transforaminal Lumbar Interbody Fusion (PLIF / TLIF)
- Artificial Disc Replacement
- Osteoporotic Spine fracture management: Non-Surgical and Surgical(Balloon Kyphoplasty and Vertebroplasty)
- Spine Trauma
- Spinal Tumour surgery
- Scoliosis and kyphosis deformity correction surgery.
- Growth rod and growth guidance techniques for early onset scoliosis
- Degenerative Spine disorders
- Occipito-cervical spine surgeries
- Radiofrequency Ablation, spinal cord stimulator, baclofen or morphine pump application for managing chronic back pain

### Languages Spoken

- English

- Hindi

## Talks & Publications

- Kishen TJ, Shaikh H. Lumbar disc herniation in adolescents. In: Zaveri G, Mulukutla RD. Lumbar Disc Herniation (ASSI monogram).1st ed. India: Thieme Medical Publishers;2018.p.144-6.
- Peer-Reviewed Publications: Spine
- Shaikh H, Kishen TJ. Achromobacter spondylodiscitis: A case report and review of literature. Indian Spine J [serial online] 2018 [cited 2018 Nov 28];1:144-7.
- Peer-Reviewed Publications: Non-Spine
- Shaikh H, Punia S. Floating Elbow In Children: Review Of Its Incidence And Outcome Of Operative Management. Imperial Journal of Interdisciplinary Research. 2016 Aug 1;2(9).
- A rare presentation of spinal arachnoid cyst as a mediastinal tumour(dumbbell tumour)- A case report and review of literature.
- Can early administration of a selective nerve root block (SNRB) alter the natural history of lumbar disc herniation with radiculopathy?
- En-bloc resection of chest wall chondrosarcoma abutting the thoracic spine by simultaneous single stage anterior and posterior approach-A case report and surgical technique overview.
- Paper presentation: Early onset Scoliosis and role of growth guidance system. BOA. Bangalore. Karnataka. Feb 2018
- Paper presentation: Can early administration of tranforaminal steroid injection alter the natural history of lumbar disc herniation with radiculopathy. 43rd annual conference of Karnataka association of Orthopaedic Surgeons ( KAOCON) Bangalore, Karnataka.1-3 feb 2019.
- Paper presentation: The Shilla growth guidance technique for the management of early onset scoliosis. 43rd annual conference of Karnataka association of Orthopaedic Surgeons( KAOCON) Bangalore, Karnataka.1-3 feb 2019
- Paper Presentation: Can early administration of transforaminal steroid injection alter the natural history of lumbar disc herniation with radiculopathy? BOSCON 2019, Bangalore, Karnataka.