



DR. DHARAM PANDEY

HOD and consultant - Physiotherapy & Rehabilitation Sciences

Qualification

Ph.D. (Rehabilitation Sciences) | DO (Spain) | COCMT (UK) | C/NDT (NDTA-USA) | PG Certificate in MPR Concept Manual Therapy (Italy) | Certificate In NDT/Bobath Concept (IBITA, UK) | Advanced Certificate in NDT (Gait & Lower Extremity) By NDTA (USA) | Advanced Certificate in NDT (Upper Extremity & Trunk) By NDTA (USA) | Certificate in Osteopathy and Modified Chiropractic, (UK) | Certificate in Spinal Structural Balance (Germany) | Certificate in Pilates (Hong Kong)

Fellowship & Membership

- Fellowship Orthopaedic Rehabilitation.
- Fellowship Neurological Rehabilitation.
- American Society of Neurorehabilitation.
- Indian Head Injury Foundation (Neuro Rehab Group).
- American Physical Therapy Association (Int. Part.).
- International Society of Exercise and Immunology.
- Indian Academy of Neurology.
- Indian Red Cross Society (Delhi Chapter).
- World Confederation of Neurorehabilitation.
- International Network of SCI Physiotherapists.
- Word Stroke Organization.
- American Society of Neurorehabilitation.
- India Federation of Neurorehabilitation.
- The Indian association of Physiotherapists.
- Delhi Council for Physio& Occupational Therapy.
- International Association for the Study of Pain (IASP).
- Scientific Committee Member - IJPOT.
- National Advisory Board Member - PTOJ Journal.

Field of Expertise

- Mechanical Shoulder, Knee and back Pain
- Non-Invasive Pain Management
- Stroke & Paralysis Rehab
- Vertigo & Balance Rehab
- Osteopathy and Spinal Manual Therapy

Languages Spoken

- English
- Hindi

Awards & Achievements

- Best Researcher Award - NCP 2019.
- Excellence in Field of Physiotherapy Award - Medanta The Medicity Gurugram, August 2019.
- International Service Award - NCPC 2018.
- Physio Ratan Award - Physio HARCON 2018 International Conference of Physiotherapists 2018.
- Best Clinicians Award OMPTCON 2018 At Jamia Millia Islamia New Delhi 2018.
- Physio Excellence Award - IAP on 54th Annual Conference, Shirdi - 2016.
- Significant Achievement Award - 1st ICPT Udaipur 2016.
- Significant Achievement Award - INCPT AIIMS 2015.
- Physio Ratan Award - HCPA, Haryana 2015.
- Clinician Excellence Award 2015 - NCPT-2015.
- Significant Contribution Award - IAP on 53rd Annual Conference, Shimla - 2015.
- Significant Contribution Award - AIIMS Neuraxis 2013.
- Best Contribution in Rehab Services in Delhi/NCR Of the Year 2012 - Time Media.
- Guest of Honour - Youth Physio Conclave Organised by Jaipur National University Jaipur 2018.
- Guest of Honour - WPT Day 2018 Manav Rachana International University, Faridabad 2018.
- Guest of Honour - AMITY University WPT Day 2017.

Talks & Publications

- Dr. Dharam Pandey advises chest physiotherapy is helpful preventing further infections during and post Covid infections in Dainik Jagaran. [Click Here](#)
- Dr. Dharam Pandey list down ways to tackle psychological challenges & physical ailments caused due to extended hospital stays in THE TIMES OF INDIA. [Click Here](#)