



DR. VINEET KUMAR SURANA

Consultant - Diabetes and Endocrinology

Qualification

DM Endocrinology at All India Institute of Medical Sciences, New Delhi | MD | MBBS | SCE Endocrinology and Diabetes (MRCP) (UK)

Fellowship & Membership

- Endocrine society (USA),
- AsiaPacific Pediatric Endocrine Society
- ISPAE (INDIA)
- AACE (USA)
- Endocrine society of India

Field of Expertise

- Genetic endocrine disorders
- Type 1 and 2 diabetes
- Lipid disorders
- Nodular thyroid disease

Languages Spoken

- English
- Hindi

Awards & Achievements

- AV Gandhi award for excellence in endocrinology
- Received Best Original paper award of Indian Journal of Endocrinology and metabolism

Talks & Publications

- Pre ketogenic diet counselling. Kalra S, Singla R, Rosha R, Sharma S, Surana V, Kalra B.J Pak Med Assoc. 2019 Apr;69(4):592-594.PMID: 31000870
- BE-SMART (Basal Early Strategies to Maximize HbA1c Reduction with Oral Therapy): Expert Opinion.
- Bajaj S, Das AK, Kalra S, Sahay R, Saboo B, Das S, Shunmugavelu M, Jacob J, Priya G, Khandelwal D, Dutta D, Chawla M, Surana V, Tiwaskar M, Joshi A, Shrestha PK, Bhattarai J, Bhowmik B, Latt TS, Aye TT, Vijayakumar G, Baruah M, Jawad F, Unnikrishnan AG, Chowdhury S, Pathan MF, Somasundaram N, Sumanathilaka M, Raza A, Bahendeka SK, Coetzee A, Ruder S, Ramaiya K, Lamprey R, Bavuma C, Shaikh K, Uloko A, Chaudhary S, Abdela AA, Akanov Z, Rodr  guez-Salda  a J, Faradji R, Tiago A, Reja A, Czupryniak L.
- Diabetes Ther. 2019 Aug;10(4):1189-1204. doi: 10.1007/s13300-019-0629-z. Epub 2019 May 17. PMID: 31102253 Free PMC article. Review.
- Height Velocity in Apparently Healthy North Indian School Children.
- Dabas A, Khadgawat R, Gahlot M, Surana V, Mehan N, Ramot R, Pareek A, Sreenivas V, Marwaha RK. Indian J Endocrinol Metab. 2018 Mar-Apr;22(2):256-260. doi: 10.4103/ijem.IJEM_638_17. PMID: 29911041 Free PMC article.
- Vitamin B12 Deficiency is Endemic in Indian Population: A Perspective from North India. Singla R, Garg A, Surana V, Aggarwal S, Gupta G, Singla S.
- Indian J Endocrinol Metab. 2019 Mar-Apr;23(2):211-214. doi: 10.4103/ijem.IJEM_122_19. PMID: 31161105 Free PMC article.
- Pubertal Onset in Apparently Healthy Indian Boys and Impact of Obesity.
- Surana V, Dabas A, Khadgawat R, Marwaha RK, Sreenivas V, Ganie MA, Gupta N, Mehan N. Indian J Endocrinol Metab. 2017 May-Jun;21(3):434-438. doi: 10.4103/ijem.IJEM_18_17. PMID: 28553601 Free PMC article.
- Age of Onset of Puberty in Apparently Healthy School Girls from Northern India.
- Khadgawat R, Marwaha RK, Mehan N, Surana V, Dabas A, Sreenivas V, Ganie MA, Gupta N.Indian Pediatr. 2016 May 8;53(5):383-7. doi: 10.1007/s13312-016-0857-5. PMID: 27254044
- Lichen scrofulosorum and immune thrombocytopenic purpura in a child with tuberculosis. Surana VK, Singh A, Kapoor S, Sardana K.
- Pediatr Infect Dis J. 2010 Aug;29(8):785. doi: 10.1097/INF.0b013e3181e44149.
- PMID: 20661111 No abstract available.
- A 2016 clinical practice pattern in the management of primary hypothyroidism among doctors from different clinical specialties in New Delhi.
- Surana V, Aggarwal S, Khandelwal D, Singla R, Bhattacharya S, Chittawar S, Kalra S, Dutta D; Society for Promotion of Education in Endocrinology and Diabetes Group, India.
- Indian J Endocrinol Metab. 2017 Jan-Feb;21(1):165-177. doi: 10.4103/2230-8210.196012. PMID: 28217518 Free PMC article.
- Endocrine and Metabolic Manifestations of Snakebite Envenoming.
- Bhattacharya S, Krishnamurthy A, Gopalakrishnan M, Kalra S, Kantroo V, Aggarwal S, Surana V. Am J Trop Med Hyg. 2020 Jun 29. doi: 10.4269/ajtmh.20-0161. Online ahead of print. PMID: 32602439
- Perceptions about Training during Endocrinology Residency Programs in India over the Years: A Cross-sectional Study (PEER India Study).
- Khandelwal D, Dutta D, Singla R, Surana V, Aggarwal S, Gupta Y, Kalra S, Khadgawat R, Tandon N. Indian J Endocrinol Metab. 2017 Mar-Apr;21(2):271-276. doi: 10.4103/ijem.IJEM_530_16. PMID: 28459024 Free PMC article.
- Neutrophil-lymphocyte Ratio is a Novel Reliable Predictor of Nephropathy, Retinopathy, and Coronary Artery Disease in Indians with Type-2 Diabetes.
- Chittawar S, Dutta D, Qureshi Z, Surana V, Khandare S, Dubey TN.
- Indian J Endocrinol Metab. 2017 Nov-Dec;21(6):864-870. doi: 10.4103/ijem.IJEM_197_17. PMID: 29285450 Free PMC article.
- Diagnosis and management of classical congenital adrenal hyperplasia.
- Marumudi E, Khadgawat R, Surana V, Shabir I, Joseph A, Ammini AC.
- Steroids. 2013 Aug;78(8):741-6. doi: 10.1016/j.steroids.2013.04.007. Epub 2013 Apr 25. PMID: 23624029
- Dr Vineet Surana on Facts everyone should know about diabetes on World Diabetes Day. [Click Here](#)