



## **(LT GEN) DR. CS NARAYANAN, VSM\*\*\***

HOD and consultant - Department of Neurology

### **Qualification**

MBBS from Armed Forces Medical College, Pune (1979) | MD (Medicine) from Armed Forces Medical College, Pune (1988) | DM (Neurology) from All India Institute of Medical Sciences (1998)

### **Fellowship & Membership**

- Member, Indian Academy of Neurology.
- Member, Neurological Society of India.
- Member, Delhi Neurological Association.
- Member, Indian Epilepsy Association.
- Member, Movement Disorders Society of India.
- Member, Association of Physicians of India.
- Member, Editorial Board of the Medical Journal of Armed Forces of India.
- Member of several task forces in Neurology at the Indian Council of Medical Research.
- Assessor, Medical Council of India, and National Board of Examinations.
- Chairperson, Armed Forces Ethical Committee.

### **Field of Expertise**

- Epilepsy (including video EEG monitoring)
- Stroke (including thrombolysis and mechanical thrombectomy)
- Migraine and other headache disorders
- Parkinson's disease and other movement disorders
- Multiple Sclerosis and other auto-immune disorders
- Spondylitis and other spinal cord disorders
- Peripheral Neuropathy (including NCV and EMG)

### **Languages Spoken**

- English
- Hindi

## Awards & Achievements

- Unique distinction of being awarded the Vishisht Sewa Medal for distinguished service by the Honâble President of India three times (2009, 2014, and 2015).
- Chief of Army Staff commendation twice (2002 and 2007).
- Conferred with the Capital Foundation National Award in Oct 2014 by the Honâble Chief Minister of Odisha.
- Elected as Colonel Commandant of the Army Medical Corps on 5th Oct 2016.
- Appointed as Honorary Surgeon to the President of India on 25th Jul 2017.

## Talks & Publications

- Manipal Hospitals Dwarka : Dr (Lt Gen) CS Narayanan in an authored article on this " World Alzheimer's Day" 10 Signs that may help detect the disease in early stages in DNA today. [Click Here](#)
- Dr. CS Narayanan talks about the right DIET to optimize the effect of medications on Parkinson's Disease marking the day in ECONOMIC TIMES Panache. [Click Here](#)
- Dr. C S Narayanan says Laughter is the best medicine while observing World Alzheimer's Day in Hindustan Times. [Click Here](#)
- Dr. C S Narayanan in an authored article on "Everything you need to know about cluster headaches" in The Indian Express Digital bserving World Stroke Day. [Click Here](#)
- Dr. (Lt Gen) CS Narayanan in an exclusive interaction on What Are The Signs Of Epilepsy? Is It Reversible? in ABP News (Digital) on World Epilepsy Day. [Click Here](#)
- Dr. (Lt. Gen) CS Narayanan on Why is obstructive sleep apnea concerning? Does it increase your risk of chronic illnesses? in Times of India (Digital) | Exclusive Story. [Click Here](#)
- Dr. (Lt. Gen) CS Narayanan Vsm Justin Bieber face is paralyzed due to Ramsay Hunt Syndrome, how dangerous is the syndrome? | Quint (Hindi).[Click Here](#)
- Dr. CS Narayanan on Brain aneurysm: All you need to know about the condition Emilia Clarke had in Hindustan Times.[Click Here](#)
- Dr. (Lt Gen) CS Narayanan helps us understand the progression and symptoms of Alzheimer's in The Quint on World Alzheimer's Day.[Click Here](#)
- Dr. (Lt. Gen) CS Narayanan on Important Things About Seizures You Should Know; Helpful Tips For Caregivers News18 | National Epilepsy Day.[Click Here](#)
- Dr. (Lt Gen) CS Narayanan Vsm 7 Unusual Symptoms Of Parkinson's: Expert Advice On Diagnosis And Advances In Treatment | The Health site (Zee Digital) | World Parkinson's Day. [Click Here](#)