



## DR. SHIVAKUMAR VARAKANAHALLI

Consultant - Gastrointestinal Science

### Qualification

MBBS | MD | DM Gastroenterology (GB Pant Hospital, New Delhi )

### Fellowship & Membership

- Member of European Society for the Study of Liver.

### Field of Expertise

- Diagnostic and therapeutic endoscopic procedures include Upper GI endoscopy, colonoscopy, enteroscopy, ERCP.
- Clinical hepatology (Viral hepatitis, liver cancer, alcoholic liver disease, fatty liver, cirrhosis and others).
- Pancreatic disorders (Acute and chronic pancreatitis, pancreatic tumors).
- Functional bowel disorders (IBS, Dyspepsia, reflux disease, gastritis).
- Chronic constipation, defecatory disorders, Chronic diarrhea.
- Inflammatory bowel disorders (Crohn's and ulcerative colitis).
- Gastrointestinal emergencies including GI bleeds.

### Languages Spoken

- English
- Hindi
- Kannada

### Awards & Achievements

- Grant by Liver Care Foundation at New Delhi for APASL 2016 in Tokyo.
- Plenary oral session award at INASL 2017.
- Young Investigator award on a research paper at the International Liver Congress 2018 in Paris.
- First position for North Zone in TYSA 2013 at New Delhi.

## Talks & Publications

- Gastric Varices in Cirrhosis vs. Extrahepatic Portal Venous Obstruction and Response to Endoscopic N-butyl-2-cyanoacrylate Injection. Barjesh C Sharma, Shivakumar Varakanahalli, Jatinder Pal Singh, Siddharth Journal OF Clinical and Exp. Hepatology. [22 Feb 2017, 7(2):97-101].
- Spontaneous Pseudocystocolonic Fistula: An Unusual Complication of Acute Pancreatitis. Dahale AS, Varakanahalli S, Jha L, Sud S, Kumar A, Sachdeva S, Puri AS. Am J Gastroenterol. 2016 Aug;111(8):1088.
- Over-the-scope-clip system for management of upper gastrointestinal defects: A pilot study Amol S Dahale, Siddharth Srivastava, Pritul D Saxena, B C Sharma, Shivakumar Varakanahalli. Indian J Gastroenterol (November 2015) 34 (Suppl 1):A1-A104.
- Brunner's Gland Hamartoma – A Rare Cause of Upper GI Bleed: Report of Two Cases Emphasising Pathogenesis. Rakesh Kumar Gupta, Ravindra Kumar Saran, Shivakumar Varakanahalli and Amarinder Singh Puri. Annals of Pathology and Lab Medicine. 2016. Oct-Dec.
- Prevalence of microalbuminuria in patients with non-diabetic acute ischemic stroke Muralidhara N, Ravindra Rajanna, Shivakumar Varakanahalli, Vijay Kumar Goyal. Int J Res Med Sci. 2015; 3(4): 954-957.
- P-HPB-13: Spectrum of obscure common bile duct dilatation: Role of endoscopic ultrasonography. Amol Dahale, Siddharth Srivastava, Sanjeev Sachdeva, Shivakumar Varakanahalli, and Ajay Kumar. Endosc Ultrasound. 2017 Aug; 6(Suppl 1): S21.
- Usefulness of Aim 65 Scoring System in Predicting Rebleed and Prognosis Portal Hypertensive Bleed Patients With Underlying Cirrhosis. Amol S.Dahale, Ajay Kumar, SiddharthaSrivastava, ShivakumarVarakanahalli, SanjeevSachdeva, Amarendra S.Puri; Journal of Clinical and Experimental Hepatology; Vol 7, Supplement 2, July 2017, Pages S65-S66.
- Endoscopic ultrasound-guided cytodiagnosis of adrenal histoplasmosis with reversible cd4 t-lymphocytopenia and jejunal lymphangiectasia Rakesh K Gupta1, Kaushik Majumdar1, Siddharth Srivastava2, Shivakumar Varakanahalli2, Ravindra K Saran Journal of Cytology; Volume: 35 | Issue: 2 | 2018 Page: 110-11.
- Oesophagal tuberculosis: Uncommon of common. Amol S Dahale, Ajay Kumar, Siddharth Srivastava, Shivakumar Varakanahalli, Sanjeev Sachdeva and Amarendra S Puri JGH Open: An open-access journal of gastroenterology and hepatology (2018) 34-38.
- Secondary prophylaxis of hepatic encephalopathy in cirrhosis of the liver: A double-blind randomized controlled study of L-ornithine L-aspartate versus placebo. Shivakumar Varakanahalli, Barjesh C Sharma, Siddharth Srivastava, Sanjeev Sachdeva and Amol S Dahale European Journal of Gastroenterology and Hepatology.
- Plenary oral session award at INASL 2017 for oral presentation on paper on prophylaxis of hepatic encephalopathy.
- Oral paper presented at the International Liver Congress 2018 at Paris with Young Investigator award on research paper on secondary prophylaxis of HE, an RCT of LOLA vs placebo.
- Poster presentation at APASL 2016 on Gastric varices in cirrhosis vs EHPVO.
- Poster presentation at ISKCON 2016 on Ulcerative colitis in adolescents.
- Poster presentations at ENDOCON 2017 on Obscure CBD dilatation and risk stratification in portal hypertensive bleed with AIM 65 scoring system.